PTSO Board Meeting Minutes – January 13, 2016

Attendees: Belen Alonso, Jeanne Auches, Shauna Cai, Susan Chin, Janet Chyan, Mahsa Daneshfor, Nihar Desai, Mary Eschen, Fariva Fanshanchi, Zohreh Haghshenas, Michelle Halteman, Joëlle Huet Duerot, Mary Lynne Hulme, Carla Johnson, Katey Kennedy, Zhong Li, Rebecca Lett, Yufan Lu, Andrea McGhee, Sandy Miller, Jenny Morrison, Susan Nakahira, Om Oshajara, Anita Parsons, Vandana Pawar, Karen Podmann, Usua Rao, Monica Rhee, Sepide Riaziat, Mina D. Sadeghi, Julie Stuart, Laura Tillett, Firozeh Vasseghi, Susan Vukovatz, Jenifer Wire, Sandy Wu, Hassan Yaghoobi, Hong Zhang

Treasurer: Michelle Fan handed out check roster for ratification of checks 1436-1453. Susan Nakahira motioned to approve checks 1436-1453 and Susan Chin seconded. All approved.

Approval of October Meeting Minutes: Susan Vukovatz handed out November 12, 2015 meeting minutes for approval. Michelle Halteman motioned to approve with Audre Yee seconding. All approved.

President's Update: Sandy Wu reported that gave teacher grants of $39,911.40. Susan Chin motioned to approve and Michelle Fan seconded. All approved.

Principal's Report: Paul Robinson reported on LGSUHSD Board meeting last night. He will be working with parents to answer the questions of parents. January is full of night time events. New bell schedule is forward thinking. Through generosity of Measure E bond measure, we will be beginning biggest project to build music building. Will need to change exits and entrances to the school. Drop off patterns will change. Signage will be up to abide by. There will be some changes first week February and construction starts March 2016 to be open by Fall 2017. Thank you to PTSO and SHS Foundation to give almost $200K to upgrade things around the school.

Brian Safine - Asst. Principal: Julie Lythcott Haines speaker is our speaker next week. She is a former dean of freshman at Stanford University and has written book on Raising an Adult, January 19th evening and January 20th for faculty.

Dory Albert, VP Programs: Introduced Guest Speaker John Mendelsohn about Drugs and Alcohol and how to have the conversation with our kids. He is an Internist in SF, has done a lot of research and is giving us a presentation that he does for kids. By age of 17, 15% of kids have tried marijuana and use increases with age. Age on initiation is important as the younger the riskier it is and the more you can drink, the more you can tolerate it, developing a drinking problem. Kids have a 4 times greater risk if parents or siblings drink, 60% chance if both parents drink and 40% is environmental. Stress causes transition from use to addiction. Bad idea to get drunk after breakup as major depression increases the risk. Kids get alcohol at home. In Iran can get opiates. Peer pressure not as important. Drug use willed to economic failure. LSD is safe, don't try new stuff, stick with old stuff, safer for you. Get them involved in activities which make a difference in drug use. DARE increased drug use, data shows not being funded because data is awful. Scare stories don't work. Limits that work get in trouble with cop or school. Our history starts with a drunk family relationship ….

Respectfully Submitted by:

Susan Vukovatz

PTSO Secretary